

## CHRIST -- THE PHYSICIAN OF OUR SOULS

from the Gospel of John 5:1-15

During a feast day, Jesus went to Jerusalem.

In Jerusalem there was a pool called in Hebrew, Bethesda. In those days, an angel went at a certain time into the pool and stirred up the water; then whoever stepped in first was made well of whatever disease he had. So, many sick persons went there: people who were blind, lame, or paralyzed.

There was a certain man there who had an illness for thirty-eight years. When Jesus saw him lying there and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?"

The sick man answered Him, "Sir, I have no one to put me into the pool when the water is stirred up; but while I am coming, another steps down before me."

Jesus said to him, "Rise, take up your bed and walk." And immediately the man was made well, took up his bed, and walked.

That day was the Sabbath, so the Jews said to the man who was cured, "It is the Sabbath; it is not lawful for you to carry your bed." He answered them, "He who made me well said to me, 'Take up your bed and walk.'" Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk'?" But the one who was healed did not know who it was, because Jesus had left that place.

Afterward Jesus found the man in the temple, and said to him, "See, you have been made well. Sin no more, or a worse thing might happen to you."

The man left and told the Jews that it was Jesus who had made him well.

## Sunday of the Paralytic

**"Take up your bed and walk."**



**Physical and spiritual health:  
Christ helps us to keep moving ...**

